What is Claimed

- 1. A magnetic means worn on or in proximity to the head.
 - 2. Claim 1 wherein the head wear is a headband, or a hat or a cap or a sweat band or eyeglasses or earmuffs or hearing aid.
 - 3. Claim 1 wherein the magnetic field created is beneficial to health.
 - 4. Claim 1, where in a cooling device is added
- 5. claim 1, where in a heating device is added.
 - 6. Claim 1, 2, or 3 wherein the device creating the magnetic field is a permanent magnet.
 - 7. Claim 1, 2, 3, 4, or 5 wherein the device creating the magnetic field is an electro magnet.
- 8. Claim1,2,3,4, 5, or 6 wherein a thermo electric cooler is added to the clothing garment.
 - 9. Claim 1,2,3,4,5, or 6 wherein a thermo electric heater is added to the clothing garment.